



Walk with Me

Choosing a Sponsor



From the early days of the Church, a person who wished to become a member of the Church would seek the help and support of someone who would guide them and teach them as they learned more about the life, passion, death and resurrection of Jesus. When you were baptized, your parents and godparents took on the responsibility as your guide, promising to raise you in the faith of the Catholic Church. They professed *their* faith on your behalf, celebrating the faith of your family. Now it is time for you to speak for yourself in the Sacrament of Confirmation, but you will not stand alone. You will be supported by a sponsor who will stand with you and present you to the Bishop for Confirmation.

Please spend some time in prayer and thought as you consider choosing a sponsor. You are encouraged to choose one of your baptismal godparents (but not one of your parents) as a sponsor to show the connection between Baptism and Confirmation as Sacraments of Initiation. If that is not possible, please keep in mind that the person you choose should be a fully initiated Catholic (baptized and confirmed Catholic), at least 16 years old, who is consistently active in their faith. You may also take into consideration where they live: if they live close by, they could be more active in your faith development now and in the future. The person you choose should know you well enough to testify, by their presence, that you are someone who wishes to be fully initiated into the Church, that you understand you are making the choice to be a disciple of Jesus Christ, and that along with this decision comes a responsibility to be active in the worship and mission of the Church. Once you have considered who will be your sponsor, and have asked them (and they have accepted the responsibility,) please add that information to your Sacrament Information Sheet for Confirmation.

May the Holy Spirit guide your heart and mind during this time of preparation. We anticipate the celebration of your Confirmation with joy!

Choosing a Sponsor Year One

Your sponsor will be a Christian role model and a faith companion as you prepare for Confirmation. The following questions will help you consider who you will ask to walk with you on your journey of faith. Please consider these expectations of our Church in choosing a sponsor. The sponsor you choose should be:

- a baptized Catholic who has been confirmed and practices their faith (goes weekly to Church, active prayer life, a person who is charitable, willing to share his or her faith);
- at least 16 years old;
- someone other than your parents.

Please spend some time answering the following questions completely and honestly. You may ask any catechist for help.

A sponsor is someone you feel comfortable talking to about your faith, someone who will be there if you need help as you prepare to be confirmed. If you could "wave a magic wand" and choose anyone at all to be your sponsor, who would it be? (they can be alive or deceased, a saint, apostle, church leader, etc)

Why did you choose this person? Which qualities or attributes of this person do you admire?

Your Confirmation process is a faith journey of two years. Who will you ask now to be your sponsor?

Why would you ask them to be your sponsor?

What are some questions or concerns you have about becoming an adult member of the Catholic Church that you would like to be able to talk about with your sponsor?
