



## My Service Learning Worksheet

Optional tracking sheet to help you organize your hours...

Participating in one large or several smaller service project(s) as a component of preparation at our parish for the Sacrament of Confirmation provides an opportunity for you to live out and witness to our faith. Ideally, it is a project of *your* choice that draws you out of yourself, helping you to become more aware of our call to serve others as Jesus Christ modeled for us throughout His life! This optional form is provided as a means of tracking your involvement in one on-going *or* several individual projects over the course of your project. You are highly encouraged to work with your sponsor, parents or with a group. **What** you do is not as important as **why**. We pray that the time you devote to this learning experience will exemplify your willingness to assume a life-long commitment of service to others!

Description of learning project:

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Hours completed: \_\_\_\_\_ (Please remember to complete your service project summary)

Description of learning project:

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Hours completed: \_\_\_\_\_ (Please remember to complete your service project summary)

Description of learning project:

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Hours completed: \_\_\_\_\_ (Please remember to complete your service project summary)

If you need more room, you may continue on another piece of paper.

# *Service is not a project; it is a way of life.*

## Sharing and Reflecting: My Service

This guide explains what information to include in a project of your choice when you finish all your service learning hours. You may choose to keep a journal of your service, write a report, make a collage, etc. *How* you present the information is up to you. Once you complete your reflection project, ask your sponsor and/or parent to go over it with you. Sponsors and/or parents are encouraged to assist you with the reflection project and/or to comment on your work. Please include any thoughts, stories or reflections on serving others that you may wish to share.

Your reflections provide an opportunity for you not only to record your experiences of service to others, but to also reflect and recognize the difference it makes in your life as well as the lives of others. By taking a few minutes to *thoughtfully* answer the following questions, you may come to know the ways in which the Holy Spirit is working through you.

When summarizing your service, be sure to include the following in your project:

- When and where you were able to serve others.
- Whom did you serve? Was it an individual or a group of people? In what ways did you serve? What needs did they have that you were able to meet?
- Who did you work with? Were you alone, with family or with a group of friends?
- Please share your reactions to and reflections on your service: Was it hard? How did your service affect you? Did you enjoy what you did? How did it make you feel? Would you consider making time to serve again? Could you and a group of friends serve there together in the future?
- Please share your thoughts about what you think the service meant to those you served. How did your service affect them? Was the work you accomplished a one time project or is there an opportunity for you to continue to serve?
- How did you “live the Gospel?” That is, how did your service relate to the verses in Matthew 25:31-46?

You are not limited to only answering the questions above. Feel free to write down any comments, questions or thoughts you may have. Again, please share your project with your sponsor and parents! (*Half of your total hours should be completed by January 26/27. All learning hours, along with your completed project, are due by March 12, 2010.*)

